

MAACS Menus at Faith Baptist Bible College

Benson Hall March 20-22, 2019

Please note: Our facility uses all eight of the known allergens and as such cannot guarantee any item to be completely allergen-free. For more information, please consult our allergy-related brochures located in Benson Hall near the cashier or visit the Faith.edu website and click on Campus Services under Resources.

Wednesday: March 20, 2019

Lunch

- Roast Beef Eye of Round (GF)
- Baked Cod Sticks
- Cashew Chicken with Rice Noodles (GF)
- Mashed Potatoes (GF) with Beef Gravy (GF)
- Onion Rings
- Asparagus Spears (GF)
- Key Largo Vegetable Blend (GF)

Dinner

- Chicken Strips
- Grilled Steak & Shrooms (GF)
- Mac & Jack with Chicken
- Roasted Sweet Potatoes (GF)
- Baked French Fries (GF)
- Steamed Baby Carrots (GF)
- Mixed Vegetables (GF)

Pizza – Both lunch and dinner – Beef

Soup – Both lunch and dinner – Boston Clam Chowder

Thursday: March 21, 2019

Breakfast

- Breakfast Wrap
- Pork Sausage Patty (GF)
- Oatmeal
- Cinnamon Swirl French Toast
- Denver Scramble (GF)
- Fruit & Crème Coffeecake
- Hash Browned Potatoes (GF)
- Fruit (GF) and Yogurt (GF) bar with Granola
- Assorted Pastries

Lunch

- Baked Crab Cakes
- Beef Chili (GF)
- Orange Chicken
- Sweet Potato Fries
- Grilled Potatoes with Onion and Pepper (GF)
- Roasted Broccoli with Parmesan (GF)
- Corn (GF)

Dinner

Roast Pork Loin (GF)
White Chicken Enchiladas
Baked Cod Fillet (GF)
Mashed Potatoes (GF) with Pork Gravy (GF)
Cheesy Ranch Potatoes
Steamed Cauliflower (GF)
Green Peas (GF)

Pizza – both lunch and dinner – Pepperoni

Soup – both lunch and dinner – Chicken Noodle

Friday: March 22, 2019

Breakfast

Blueberry Pancake Wrapped Sausage
Turkey Sausage Link
Chocolate Malt-O-Meal
French Toast Sticks
Scrambled Eggs with Ham & Cheese
Baked Oatmeal with Chocolate Chips
Sausage Gravy & Biscuits
Fruit (GF), and Yogurt (GF) bar with Granola
Assorted Pastries

Lunch

Chicken Tetrazzini
Meatloaf
BBQ St Louis Ribs (GF)
Roasted Redskin Potatoes (GF)
Macaroni & Cheese
Green Beans (GF)
Capri Blend Vegetables (GF)

Pizza – Lunch only – Italian Sausage

Breakfast meals include: Assorted juices, cereals, breads, bagels, and Make-Your-Own Belgian Waffles

All lunch and dinner meals include: Salad bar, assorted Desserts including Softserve, Beverages (including juices) and Make-Your-Own Belgian Waffles

Milk (Whole, 2% and Chocolate) and milk replacements (Soy and Almond Milk) are available at ALL meals.

All menus are subject to change without notice.